Lars Bergqvist is a Chartered Master Mariner, an Officer in The Royal Swedish Naval Reserve and a former United Nations Military Observer.

Furthermore, he has work experience from employment as a Civil Servant with the Swedish Maritime and Telecom Administrations, as a Chief Officer on tankers and as a Marine Petroleum Cargo Superintendent.

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He is a Freeman of The Honourable Company of Master Mariners, a Fellow of The Nautical Institute and a Citizen & Master Mariner of the City of London. With a professional interest in maritime arbitration, he is a former Supporting Member of The London Maritime Arbitrators Association, a former Member of the Expert Panel of The Emirates Maritime Arbitration Centre and has qualified as an Associate of The Chartered Institute of Arbitrators.

Captain Bergqvist is a subject matter expert in maritime security, terrorism and piracy, being a member of The Center for International Maritime Security, an associate member of The Corbett Centre for Maritime Policy Studies and a member of the expert network of The Global Initiative against Transnational Organized Crime. He is certified as a Ship Security Officer/Port Facility Security Officer/Company Security Officer.

With an interest of the Orient, he has pursued academic studies of geographical areas as the Middle East, Caucasus, Japan and India.